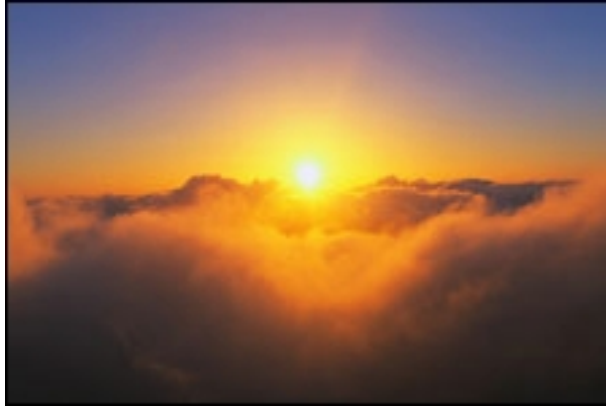


Strength in Time of Sorrow: A Lenten Retreat for the Grieving



Saturday, March 13, 2010 9:30am-3:30pm
Bon Secours Spiritual Center
1525 Marriottsville Rd
Marriottsville MD 21104

\$35.00 includes lunch

Guided By: Thomas Little Ed.D and Nancy Narrett M. Ed

Grief due to loss comes in all forms. Grief observes no timeline or schedule. Each person grieves differently and uniquely. We may discover ourselves on a journey of grieving due to loss of a loved one, divorce, job loss or changes in health. Join us in your journey as we share in a day of reflection and spiritual care for the mind, body and spirit. In community and in quiet moments, we will consider the ways that God provides for us as we reclaim hope in our lives. Please bring your Bible, a journal, and your experience in grieving and in being strong.



BON SECOURS SPIRITUAL CENTER

Please call (410) 442-1320 or visit our website at
www.BonSecoursSpiritualCenter.org to register